



# WELLFULLY Everyday Needs

Throughout the year, as youth enter and stay in WellFully's residential care programs, many of the things that are needed in their day-to-day lives fall outside of what our program funding can provide.

From the basics of clothing, bedding and health & beauty needs to the extras like art supplies or activities, we are asking for donations from this list that are used everyday, all year long.

## Clothing

*\*All clothing are for:  
Youth ages 10-17*

*Sizes Small to XXX-Large*

### **T-shirts**

*Mens and Womens\**

### **Sweatshirts**

*Mens and Womens\**

### **Men's Sweatpants**

*Elastic waistband, no draw strings\**

### **Woman's Sweatpants**

*Elastic waistband, no draw strings\**

### **Mens Underwear**

*Elastic waistband, no draw strings\**

### **Womens Underwear**

*Panties 5 to 9, sports bras 32-36*

### **Socks**

*all styles\**

### **Coats**

*Mens and Womens, All seasons\**

### **Gloves & Mittens**

*Mens and Womens\**

## Sports & Fitness

**Basketballs, Footballs  
& Soccer Balls**

**Bicycles**

## Bedding & Bath

**Twin Sheet Sets**

**Twin Blankets**

**Weighted Blankets**

**Bath Towels**

## Health & Beauty

**Bar Soap**

**Face Wash & Lotion**

*Mens and Womens*

**Shampoo & Conditioner**

*Mens and Womens*

**Hair Brushes/Combs**

**Nail Polish**

## Just for Fun

**Board and Card Games**

**Therapeutic coloring  
& activity books**

**Puzzle Books**

*Word Searches,  
Sudoku, Crosswords*

## School & Office Supplies

**Teen sized backpacks  
Pens, Pencils & Erasers**

**Printer paper**

**Legal Pads**

**Loose leaf paper**

**Composition Books**

*no wire spiral binding*

**Paper pocket folders**

*metal-free*

**White Binders (2"-3")**

**Sticky Notes**

**Scotch & Masking Tape**

**Paper Clips,  
Rubber Bands etc.**

## Art Supplies

**Glue Sticks**

**Card Stock**

**Colored Pencils**

**Washable Markers**

**Construction Paper**

**Poster Board**

**9x12 Sketch Pads**

**Artist Paint Brushes**

*1/4 to 1in brushes, no fine brushes*

**Acrylic Paint**

*pint or quart bottles, basic colors*

**9x12 Canvas Panels**

*No stretched canvases with staples*

**Craft Project Kits**

***Donations may be dropped off Monday - Friday 9am to 4pm  
at WellFully (22 Waterloo Street, Rapid City)***

**For more information** about donating supplies to WellFully, please contact Yvonne Espinoza at **(605) 718-4870 ext 316** or [yvonne.espinoza@wellfully.org](mailto:yvonne.espinoza@wellfully.org)